



## Nutritional Information

| Average content   |           | per 100 g product | per 100 ml ready to serve product*<br>3.5% milk fat | per 100 ml ready to serve product*<br>4.0% milk fat |
|---|-----------|-------------------|---|---|
| <b>Banana<sup>a</sup>, Vanilla<sup>a</sup> and Strawberry<sup>b</sup></b> |           |                   |   |   |
| <b>Energy value</b>   | kJ (kcal) | 2100 (500)        | 795 (190)   | 795 (190)   |
| <b>Fat</b>  | g         | 24.4              | 9.5   | 9.8   |
| of which SFA**  | g         | 16.7              | 6.3   | 6.6   |
| <b>Carbohydrate</b>   | g         | 65.5              | 21.8  | 21.7  |
| of which sugars   | g         | 37.8              | 14.2  | 14.0  |
| of which lactose  | g         | 2.2               | 4.2   | 4.1   |
| <b>Fibre</b>  | g         | < 0.5             | < 0.15  | < 0.15  |
| <b>Protein</b>  | g         | 4.1               | 3.8   | 3.7   |
| <b>Salt (Na x 2.5)</b>  | g         | 0.45              | 0.22  | 0.21  |
| <b>Osmolarity</b>   | mosmol/l  |                   | 900 <sup>a</sup> /870 <sup>b</sup>                  |   |
| <b>Caloric distribution</b>   |           |                   |   |   |
| Fat   | energy %  | 44                | 46  | 46  |
| Carbohydrate  | energy %  | 53                | 46  | 46  |
| Fibre   | energy %  | 0                 | 0   | 0   |
| Protein   | energy %  | 3                 | 8   | 8   |
| <b>Minerals and trace elements</b>  |           |                   |   |   |
| Sodium  | mg        | 180               | 87  | 83  |
| Potassium   | mg        | 94                | 149   | 148   |
| Calcium   | mg        | 87                | 118   | 117   |
| Phosphorus  | mg        | 58                | 88  | 89  |
| Magnesium   | mg        | 8.0               | 12  | 11  |
| <b>Chocolate Flavour</b>  |           |                   |   |   |
| <b>Energy value</b>   | kJ (kcal) | 2100 (500)        | 815 (194)   | 815 (194)   |
| <b>Fat</b>  | g         | 22.7              | 9.3   | 9.5   |
| of which SFA**  | g         | 15.5              | 6.2   | 6.4   |
| <b>Carbohydrate</b>   | g         | 64.7              | 22.2  | 22.1  |
| of which sugars   | g         | 36.6              | 14.2  | 14.1  |
| of which lactose  | g         | 1.4               | 4.0   | 3.8   |
| <b>Fibre</b>  | g         | 1.8               | 0.5   | 0.5   |
| <b>Protein</b>  | g         | 4.3               | 3.8   | 3.8   |
| <b>Salt (Na x 2.5)</b>  | g         | 0.40              | 0.21  | 0.20  |
| <b>Osmolarity</b>   | mosmol/l  |                   | 860   |   |
| <b>Caloric distribution</b>   |           |                   |   |   |
| Fat   | energy %  | 42                | 44  | 45  |
| Carbohydrate  | energy %  | 53                | 47  | 46  |
| Fibre   | energy %  | 1                 | 1   | 1   |
| Protein   | energy %  | 4                 | 8   | 8   |
| <b>Minerals and trace elements</b>  |           |                   |   |   |
| Sodium  | mg        | 160               | 83  | 79  |
| Potassium   | mg        | 338               | 220   | 218   |
| Calcium   | mg        | 66                | 113   | 111   |
| Phosphorus  | mg        | 75                | 94  | 94  |
| Magnesium   | mg        | 36                | 20  | 19  |
| <b>Neutral Flavour</b>  |           |                   |   |   |
| <b>Energy value</b>   | kJ (kcal) | 2100/500          | 795/190   | 795/190   |
| <b>Fat</b>  | g         | 24.1              | 9.5   | 9.7   |
| of which SFA**  | g         | 16.5              | 6.3   | 6.5   |
| <b>Carbohydrate</b>   | g         | 67.3              | 22.3  | 22.2  |
| of which sugars   | g         | 12.2              | 7.1   | 7.0   |
| of which lactose  | g         | 2.6               | 4.3   | 4.2   |
| <b>Fibre</b>  | g         | < 0.5             | < 0.15  | < 0.15  |
| <b>Protein</b>  | g         | 4.3               | 3.8   | 3.8   |
| <b>Salt (Na x 2.5)</b>  | g         | 0.45              | 0.22  | 0.21  |
| <b>Osmolarity</b>   | mosmol/l  |                   | 540   |   |
| <b>Caloric distribution</b>   |           |                   |   |   |
| Fat   | energy %  | 43                | 45  | 46  |
| Carbohydrate  | energy %  | 53.4              | 47  | 46  |
| Fibre   | energy %  | < 0.2             | 0   | 0   |
| Protein   | energy %  | 3.4               | 8   | 8   |
| <b>Minerals and trace elements</b>  |           |                   |   |   |
| Sodium  | mg        | 180               | 87  | 83  |
| Potassium   | mg        | 107               | 153   | 151   |
| Calcium   | mg        | 98                | 121   | 120   |
| Phosphorus  | mg        | 66                | 90  | 91  |
| Magnesium   | mg        | 9                 | 12  | 11  |

\*Ready to serve product (= 1 serving): 1 sachet à 87 g (chocolate 90 g) + 240 ml whole milk (3.5% or 4.0% milk fat), \*\*saturated fatty acids (SFA)

## General Information

### Food for special medical purposes:

Oral nutritional supplement powder to be reconstituted with milk providing a high-caloric (1.9 kcal/ml) shake, fibre free<sup>□</sup>. With lactose, gluten free. For the dietary management of patients with or at risk of disease-related malnutrition, in particular with high energy needs.

### Dosage:

To be determined by a health care professional according to patients' needs. Recommendation for supplementary nutrition 1 sachet/day = 87 g<sup>□□</sup> powder + 240 ml whole milk providing approximately 600 kcal.

### Important notes:

To be used under medical supervision. Not suitable as sole source of nutrition. Not suitable for children < 3 years<sup>□□□</sup>. Use with caution in children < 6 years. Not suitable for patients with galactosaemia.

### Instruction for use:

Store dry and at room temperature. Once reconstituted use promptly. If refrigerated use within 24 hours and stir again before use. Drink slowly. Best served chilled.

### Preparation:

Add the content of 1 sachet to 240 ml whole milk. Mix vigorously with a whisk or fork or use a shaker.

<sup>□</sup>Chocolate variety: low in fibre

<sup>□□</sup>Chocolate variety: 90 g

<sup>□□□</sup>Neutral variety: not suitable for infants < 1 year

## Ingredients

**Calshake, flavour Banana:** Fat powder (palm oil, dried glucose syrup, milk protein), dextrose, maltodextrin, skimmed milk powder, sucrose, MCT powder [medium chain triglycerides (coconut oil, palm oil, rapeseed oil), milk protein, dried glucose syrup], flavouring, calcium carbonate, colouring (β-carotene).

**Calshake, flavour Chocolate:** Fat powder (palm oil, dried glucose syrup, milk protein), dextrose, maltodextrin, sucrose, fat reduced cocoa powder, skimmed milk powder, MCT powder [medium chain triglycerides (coconut oil, palm oil, rapeseed oil), milk protein, dried glucose syrup], flavouring (with colour E 150c), calcium carbonate.

**Calshake, flavour Neutral:** Fat powder (palm oil, dried glucose syrup, milk protein), maltodextrin, skimmed milk powder, MCT powder [medium chain triglycerides (coconut oil, palm oil, rapeseed oil), milk protein, dried glucose syrup], calcium carbonate.

**Calshake, flavour Strawberry:** Fat powder (palm oil, dried glucose syrup, milk protein), dextrose, maltodextrin, skimmed milk powder, MCT powder [medium chain triglycerides (coconut oil, palm oil, rapeseed oil), milk protein, dried glucose syrup], sucrose, flavouring (with lactose), colouring (E 162), calcium carbonate.

**Calshake, flavour Vanilla:** Fat powder (palm oil, dried glucose syrup, milk protein), dextrose, maltodextrin, skimmed milk powder, sucrose, MCT powder [medium chain triglycerides (coconut oil, palm oil, rapeseed oil), milk protein, dried glucose syrup], flavourings (with lactose), calcium carbonate, colouring (β-carotene).

## Flavours

Banana, Chocolate, Neutral, Strawberry, Vanilla

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