

# Diben DRINK

Available in five delicious flavours  
in 200 ml EasyBottle



## Nutritional Information

Average content		100 ml	bottle = 200 ml
<b>Energy value</b>			
		kJ	1260
		(kcal)	(300)
<b>Fat</b>		g	14.0
of which saturated fatty acids		g	3.4
of which medium chain triglycerides		g	2.4
of which monounsaturated fatty acids		g	7.6
of which polyunsaturated fatty acids		g	3.0
of which EPA* + DHA**		g	0.11
of which cholesterol		mg	≤ 12
<b>Carbohydrate</b>		g	26.2
of which starch		g	10.6
of which sugars		g	5.0
of which fructose		g	3.8
of which lactose		g	≤ 1.0
<b>Fibre</b>		g	4.0
<b>Protein</b>		g	15.0
<b>Salt (Na x 2.5)</b>		g	0.36 <sup>c,d</sup>
<b>Water</b>		ml	158
<b>Osmolarity</b>		mosmol/l	350/360 <sup>e</sup> /390 <sup>b</sup>
<b>Minerals and trace elements</b>			
Sodium	mg	65 <sup>c,d</sup> /70	130 <sup>c,d</sup> /140
Chloride	mg	55	110
Potassium	mg	130	260
Calcium	mg	150	300
Phosphorus	mg	95	190
Magnesium	mg	15	30
Iron	mg	2.0	4.0
Zinc	mg	1.5	3.0
Copper	µg	300	600
Iodine	µg	30	60
Selenium	µg	10	20
Manganese	mg	0.4	0.8
Chromium	µg	10	20
Molybdenum	µg	15	30
Fluoride	mg	0.2	0.4
<b>Vitamins and other<sup>a</sup> substances</b>			
Vitamin A	µg RE <sup>o</sup>	170	340
of which β-Carotene	µg RE <sup>o</sup>	50	100
Vitamin D <sub>3</sub>	µg	2.0	4.0
Vitamin E	mg α-TE <sup>oo</sup>	3.0	6.0
Vitamin K <sub>1</sub>	µg	16.7	33.4
Vitamin C	mg	15	30
Thiamin (vitamin B <sub>1</sub> )	mg	0.23	0.46
Riboflavin (vitamin B <sub>2</sub> )	mg	0.32	0.64
Vitamin B <sub>6</sub>	mg	0.33	0.66
Niacin	mg/mg NE <sup>ooo</sup>	1.5/2.75	3/5.5
Folic Acid	µg	50	100
Vitamin B <sub>12</sub>	µg	0.6	1.2
Pantothenic Acid	mg	1.2	2.4
Biotin	µg	7.5	15.0
Choline <sup>a</sup>	mg	26.7	53.4
Caffeine <sup>a</sup>	mg	0.5 <sup>b</sup>	1.0 <sup>b</sup>
<b>Caloric distribution (energy%)</b>			
Fat 42, carbohydrate 35, fibre 3, protein 20			
a = Flavour Forest Berries, b = Flavour Cappuccino, c = Flavour Vanilla, d = Flavour Praliné			
*eicosapentaenoic acid (EPA), **docosahexaenoic acid (DHA)			
<sup>o</sup> retinol equivalents (RE), <sup>oo</sup> alpha-tocopherol equivalents (α-TE), <sup>ooo</sup> niacin equivalents (NE)			

## General Information

### Food for special medical purposes:

Nutritionally complete, high-caloric (1.5 kcal/ml), high protein (20 energy%) oral nutritional supplement with fibre. With fish oil, high in monounsaturated fatty acids, modified carbohydrate profile with low glycaemic index for improved glycaemic control. Clinically free from lactose, gluten free, low in sodium and cholesterol. With sugar and sweeteners.

Only for Cappuccino variety: Contains traces of caffeine (0.5 mg/100 ml). For the dietary management of patients with or at risk of disease-related malnutrition in particular for patients with impaired glucose metabolism.

### Dosage:

To be determined by a health care professional according to patients' needs. Recommendation for supplementary nutrition 2-3 bottles (600-900 kcal) / day, for complete nutrition 5 bottles (1500 kcal) / day.

### Important notes:

To be used under medical supervision. Suitable as sole source of nutrition. Not suitable for children < 3 years. Use with caution in children < 6 years. Not suitable for patients with galactosaemia. Ensure adequate fluid intake.

### Instruction for use:

Store at room temperature. Opened bottles may be stored in a refrigerator for up to 24 hours. Shake well before use. Drink slowly! Best served chilled. Packaged in a protective atmosphere.

## Ingredients

**Diben DRINK:** Water, milk protein, modified starch, maltodextrin<sup>o</sup>, vegetable oils (rapeseed oil, sunflower oil)<sup>o</sup>, fructose<sup>o</sup>, medium chain triglycerides (MCT), flavourings<sup>o</sup>, potassium citrate<sup>o</sup>, fish oil<sup>o</sup>, colour (E 150c)\*, emulsifiers (E 471<sup>o</sup>, soya lecithins<sup>o</sup>), beetroot powder<sup>o</sup>, sodium chloride, choline hydrogen tartrate, acidity regulator (E 524), vit. C, sweeteners (sodium cyclamate, saccharin sodium), magnesium oxide, iron pyrophosphate, zinc sulphate, vit. E, niacin, pantothenic acid, manganese chloride, copper sulphate, vit. B<sub>2</sub>, vit. B<sub>1</sub>, vit. B<sub>6</sub>, sodium fluoride, β-carotene, vit. A, folic acid, chromium chloride, potassium iodide, sodium molybdate, sodium selenite, vit. K<sub>1</sub>, biotin, vit. D<sub>3</sub>, vit. B<sub>12</sub>.

<sup>o</sup>amount/position depending on flavour, <sup>\*</sup>only in flavour Praliné, <sup>\*\*</sup>only in flavour Forest Berries

## Flavours

Apricot-Peach, Cappuccino, Forest Berries, Praliné, Vanilla.

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**FRESENIUS  
KABI**

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Fresenius Kabi Deutschland GmbH  
61346 Bad Homburg, Germany  
Phone: +49 (0) 61 72 / 686-0  
Enteral.nutrition@fresenius-kabi.com  
www.fresenius-kabi.com